

mama blu's kitchen

BREAKFAST / BRUNCH

Muesli & Yoghurt served in mini tartlets (veg)

Mini Fruit Muffins (veg)

Eggs Provencal served on mini toast (veg)

(scrambled eggs with goats cheese, baby vine tomatoes & basil) (veg) (Hot)

Baked stuffed Button Swiss Brown Mushrooms (veg) (Hot)

Mini Spinach & Cheese Tartlets (Hot/Cold)

Mini Bacon, Tomato & Spinach Tartlets (Hot/Cold)

LUNCH / DINNER

Minis Goats Cheese & Ricotta Tartlets

with Red Pepper, Eggplant & Basil (Hot/Cold) (veg)

Mini Tartlet of Cauliflower & Leek (Hot/Cold) (veg)

Savoury Mini Corn Bread Muffins

with chives, onion & green pepper (Hot/Cold) (veg)

Smoked Salmon Spirals on Lavosh

Mini Moroccan Bisteeya -

a savoury & sweet filo pastry filled with Spinach, Sultanas, & Almonds (Hot/Cold)

Meze Style Lamb & Pinenut Croquets

with Yoghurt dip OR Tomato & Cumin Dip (Hot)

Jamaican Chicken Souvlaki (Hot)

Beef Patties (Empanada) (Hot)

Salt Cod Fritters (Hot)

Jamaican Honey & Passionfruit Jerk Chicken Ribs(Hot)

Jamaican Honey & Passionfruit Jerk Chicken Skewers (Hot)

Jamaican Traditional Jerk Chicken Skewers (Hot)

Soft Corn Tacos with Curried Goat (Hot)

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SWEET THINGS

Mini Pancakes with Lemon & Sugar (warm)

Mini Jamaican Pancakes (warm)

Mini Lemon Tarts

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Mini Mango, Lime & Coconut Tarts (seasonal)

Sweet Yam & Coconut Filo Parcels with Chocolate Sauce (Hot)

Strawberries, Lemon & Cream cups

Berries with crushed Macaroons, Cream & Mint

Brownies with Sacher torte icing

Fresh Fruit Platter (seasonal)

BANQUET / FEAST

Suckling Pig

Suckling Pig (Jamaican or Filipino style) Slow Cooked with 2 Sides, Rice Dish (Rice 'n' Peas or Coconut Rice) & a Dessert

Lamb Feast

Slow Cooked Lamb Shoulder - Caribbean style with 2 Sides & Fresh Fruit Platter

Jamaican Banquet

Stamp & Go, Beef Patties, Jerk Chicken, Jerk Pork, Curried Goat, Rice 'n Peas, 2 Salads, Fruit Platter